WAR CHIEFS LEAVE WHITE HOUSE—Secretary of the Navy Frank Knox (left) and Army Chief of Staff Gen. George Marshall leave the White House following conference on the situation in the Pacific.

Jap Officials Knew Forces Lacked Power

Ambitious Military Expansion Program Had Reached Fight or Starve Point

(Editor's Note: This account is by a recently-returned Associated Press correspondent who covered the arrival of Japanese troops in Indo-China last Summer and was in daily contact with the Japanese militarist.)

By FRANK L. MARTIN

NEW YORK—(AP)—Japanese officers who came to Southern French Indo-China with the Occupation Army in August told me they believed their land and sea forces were not strong enough to defeat the United States but that "does not mean Japan would not enter into a war with the United States."

In Saigon, headquarters for the Japanese Army in Indo-China, Colonel Jiro Saito, chief of the Japanese mission in Southern Indo-China, described the Japanese Army's position as having advanced too far toward the "new order in East Asia" to turn back and succumb to the demands of the United States and Britain.

British and American businessmen residing in Indo-China and who had talked with Saito believed he felt that the Army would lose its grip on the Tokyo Government and people if it reversed its often-announced program.

These observers declared that the Japanese Army felt that the Japanese businessmen, who have suffered the most during the past ten years of military adventure, would rise to a position stronger than the Army and gain control of the Government.

I have talked with several other Japanese officers who accompanied the Occupation Armies to the French Colony and they too, in general, agreed with Colonel Saito, who was born in Japan and reared in Honolulu.

"You Americans would want us to demobilize our Army—yet what would Japan do now with nearly 2,000,000 unemployed men suddenly turned loose in our country?" they asked. "There would be a revolution or they would starve."

From Hanoi I saw Japanese pursuit planes and bombers take off to attack Chinese positions. From Chungking, capital of China, I saw the effect of their raids on that [illegible] city.

The Japanese have had more than ten years of bombing practice and during the past four years bombing operations against Chinese [illegible] have become almost a daily [illegible].

Their usual procedure is to send [illegible] of 27 planes each to bomb an objective [illegible] at intervals of fifteen minutes. I have [illegible] Chungking and saw they [illegible] bomb accurately.

During the attacks on Chungking the Japanese [illegible] by the Chinese both on the ground and in the air. [illegible] the Japanese [illegible] at least [illegible] Chinese planes would dive on the Japanese bombers as they approached the city. The Chinese only got one or two of the Japanese bombers, however, because their pursuit planes were slower than the Japanese bombers.

The most astonishing fact about the Japanese raids was the number of bombs they dropped that failed to explode. In three weeks we had sixteen unexploded bombs in the compound of the press hotel at Chungking.

An unusual thing about the Japanese bombings is that apparently all Japanese planes do not have bomb-sights.

The lead plane of the 27 bombers drops a "test bomb" about six miles from the objective and when the flight is above the objective the lead plane signals. All the planes release their bombs simultaneously. American military observers in Chungking interpreted this procedure as meaning that only one plane in each squadron had a bomb-sight.

Day after day in Hanoi I saw Japanese pursuit planes flying in formation and executing dog-fight maneuvers high over the city.

At the commercial airport in Saigon, before the Japanese closed it to foreigners as well as French, I saw a sample of their latest military planes. This plane was a light bomber converted into a transport plane for the Japanese Army officers. It seemed to take off and handle smoothly, but a French pilot, who had flown one, told me it was not a safe plane to fly. He had flown one the Japanese gave the French Government after a Japanese pursuit plane shot down a French plane more than a year ago. He said the Japanese had tried to improve on the American plane from which it was copied.

Japanese raids on the Philippines probably were made from Formosa—the most fortified Japanese stronghold south of their main islands. Travelers reaching Indo-China say the Japanese have built huge naval bases at both ends of the island and large air bases inland from the naval bases. They said the island had been fortified heavily during the past two years. The naval bases are to be used mainly for supplying submarines, it is believed. The island is described as Japan's naval and military supply center for Japanese in Southern China and the Southern Pacific.

Will 'Fight Unto Death'

East Indies Makes Full Preparations

BATAVIA, Netherlands East Indies—(AP)—The Netherlands East Indies, first government to declare war on Japan, called on the armed forces today to fight "until death if need be" and disclosed that Australia had been asked to send planes to assist in defense.

General mobilization was proclaimed in the outer provinces but was not ordered immediately in Java, it was announced by Aneta, Netherlands Indies News Agency.

Vice-Admiral C. E. L. Helfrich ordered a large part of the merchant marine fleet requisitioned temporarily by the Navy.

In the early morning, police and army forces quietly rounded up about 2,000 Japanese subjects and took them in Army trucks to an internment camp.

A parachute would be worth [illegible]

The "Worry" Clinic

By Dr. George W. Crane

Afraid of growing old? You need not be, for you can stay young in spite of your birthdays if you keep a streamlined figure. Old age is not so much a matter of your birthdays as it is your morale. If you have zip and pep, a slender figure and sex appeal, you don't have to worry about passing the 40 mark. You can save money, too, for each pound of surplus fat costs about $2.50 for groceries.

CASE B-179: Hilda J., aged 37, is the mother of two high school girls.

"It certainly makes one feel old to have daughters of an age to bring their friends home with them," she spoke deprecatingly.

"When I was first married I always vowed that I would stay young with my children and enter into their sports.

"But I can't keep up with them on hikes or at tennis, Dr. Crane. I understand that the average length of life is now about 60 years. But how can we still feel young [illegible] middle age?"

DIAGNOSIS:

[illegible]

Your correct weight is usually that which you had at the age of 21. Don't try to kid yourself by consulting the age-height-weight tables of life insurance companies, for they permit you from 25 to 30 pounds more avoirdupois at the age of 45 than at the age of 21.

[illegible]

Time and again I have [illegible] statement that we dig our graves with our teeth. A recent report from the Illinois state health department [illegible] people cut off five to fifteen years of their life by overeating.

STREAMLINE YOUR FIGURE

Excess fat [illegible] strain upon your legs and feet as well as the sacro-iliac [illegible] back [illegible] kidneys and taxes your heart. It often raises your blood pressure markedly.

The death rate in Illinois from diabetes rose from 7 per 100,000 population in 1902 to 30 in 1937. And from heart disease the rate zoomed from 37 to 337.

"Overeating is the dominant cause of diabetes," the report continued, "and overeating which leads to obesity is an important causative factor in a great deal of heart disease."

Aside from the medical aspects, excess weight makes us feel prematurely old. When we slow down in our walk, we look and feel like older people, since a slow gait is more typical of the aged and decrepit.

HOW TO STAY YOUNG

Decide to go on a diet at once, if you are more than ten or fifteen pounds heavier than on your wedding day. Refuse to let these rolls of fat turn you from an athletic, graceful individual into a waddling walrus, sloppy looking and indolent.

Don't permit yourself to lose your [illegible] and sex appeal, therefore, by becoming a baby hippopotamus. Your romantic charm declines twice [illegible] with every surplus pound of fat you add to your chassis.

The best phychological tonic you can take at the age of 40 is to regain the figure and weight which you possessed 20 years earlier. You'll be astounded at your mental rejuvenation and improved morale.

I speak from experience, for I went up to 205 pounds a couple of years ago, and felt 20 years older than I really was. It took a great deal of resolution on my part before I got launched on a diet, but I removed 30 pounds. Mrs. Crane went along with me and took off 20 pounds.

She felt like a young girl once more when she could slip into a size 16 dress again, and she looked it, too.

In dieting, moreover, you should not starve yourself of essential proteins, such as meats and eggs, for your muscles need at least 400 calories worth of these each day. Avoid orange juice diets, therefore. Send a dime and stamped envelope for a copy of my dieting chart. It may prolong your life fifteen years, and will certainly keep you feeling younger despite the advancing years.

(Always write to Dr. Crane in care of the Charlotte News, enclosing stamped, self-addressed envelope and a dime to cover typing or printing costs when you seek personal advice or one of his phychological charts.)

Couple Found Shot to Death

Police Working on Elizabeth City Case

ELIZABETH CITY—(AP)—Police searched today for clues leading to the identity of an unknown person or persons who a coroner's jury held were responsible for the deaths of Robert P. Old, 23, Coast Guardsman of Hickory, Va., and Florence Walston, 20, of Camden County.

The bodies were discovered near here Saturday. Police said after an examination that death was caused by No. 6 shot, fired at close range. The State Bureau of Investigation was called in on the case.

Old was stationed at the Norfolk, Va., Coast Guard Station [illegible]

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