

Mentally Ill Are Seldom Violent:

Out Of The Night Of Morganton

Asylum Patients, as General Rule, Get Along Well Together

By TOM P. JIMISON

(This is the tenth of a series by Mr. Jimison describing his experience while a patient in a hospital for the insane at Morganton. Mr. Jimison is a former well-known North Carolina minister, lawyer and newspaper columnist.)

I had heard much about crazy people, but I discovered at Morganton that most of it was untrue. I found that demented people are, for the most part, harmless. Many times I acknowledged Dr. McKee in his rounds on some of the most disturbed wards, wards where patients were milling about in great agitation, but I was in no danger. On the outside people talk glibly about "violent cases." There is one inmate who is the only dangerous patient in the paranoiac, one who has delusions of persecution. One day I saw him in the most quiet man on the ward. He sits and broods over his imaginary wrongs. Fortunately he does not connect his fellow patients or the hospital employees with his persecution.

Outsiders tell all kinds of funny stories of men who think they are Napoleon, but there were no Napoleons at the institution. I have one man, a parolee, and quite useful, who had changed his name to Samuel. The Great and Glorious, and quite useful, who had changed his name to Samuel. The Great and Glorious, and quite useful, who had changed his name to Samuel. The Great and Glorious, and quite useful, who had changed his name to Samuel.

There were many immensely wealthy men there. They gave away houses and lands indiscriminately. The Great and Glorious, and quite useful, who had changed his name to Samuel. The Great and Glorious, and quite useful, who had changed his name to Samuel.

Case Record of a Psychologist: The "Worry" Clinic. Unwillingly many parents teach their children the "Mayflower Complex" by giving them expensive toys which they have not earned.

Case 8-128: Bess C., age thirteen, is a sister of Wilma's yesterday's case. "How do I look?" she eagerly inquired when I saw her recently, and she giggled gratefully to see me.

How to Save Your Car! IN TOWN—Avoid Quick Starts. Drive Slowly. Don't Skid Tires. OUT-OF-TOWN—Go by SUPER-COACH.

Save Wire, Weaver Says. COLLEGE STATION, Raleigh—Each year, armies of the United States throw away enough used baling wire to build three mighty battleships or 3,000 medium tanks, says Dr. S. Weaver, extension agricultural engineer of N. C. State University.

Scout Board Will Plan For Defense. SHELBY—The executive board of the American Legion Post No. 1248, which meets at the club dining room of the Hotel Charlis here next Tuesday night at 7:30 o'clock.

NEW SANDWICH LOAF! ENRICHED! DATED! SLICED EXTRA THIN. 11c

GREYHOUND LINES. Richmond \$3.95 \$7.15. Norfolk \$4.50 \$8.10. Atlanta \$4.45 \$8.25. Winston-Salem \$3.50 \$7.20. Columbia \$3.50 \$7.20. Greenville \$3.50 \$7.20.

On time to eat with the patients. We had good coffee. Other patients laugh at him and walk off. The demented look up to nobody. They even call Dr. Watkins plain Mister Watkins when addressing him. Some of them facetiously call him Jehovah, or Hamlet, behind his back.

There is little jealousy among the inmates at Morganton. If a patient gets some extra privilege, most of his ward mates are glad of it. Tap Jackson and I were allowed to eat in the cafeteria with the attendants and nurses because our work was of such a nature that we could not conveniently

Grin and Bear It. By Lichty. During the Fall of 1940 Dr. J. K. Hall, a former member of the American Psychiatric Association, and now president of the American Psychiatric Association, and known far and wide as one of the foremost psychiatrists in America, wrote a long letter to Dr. Watkins suggesting a hospital library.

Offers Books. The project was discussed with Mrs. McVey, librarian at Morganton, and she offered to let the hospital have a few hundred books. It would be a branch library, and as these books were circulated they could be exchanged for others.

Profits from the hospital commissary had been used to purchase several thousand dollars, so it was decided to buy a few hundred volumes. The head of the amusement hall was chosen for the library, shelves were made, and the equipment secured.

Books are safe. Many people said the library wouldn't work. Crazy folks would not read. They would tear up the books. Such people are usually confused with feeble-mindedness and violence.

Why Pay More Than This? Look at the foods below. They're top quality... famous from coast to coast for goodness and fine flavor. Yet like all 33 Ann Page Foods, they're priced to save you money, being both made and sold by A&P.

Ann Page Prepared Spaghetti 3 15c. Ann Page Macaroni 2 9c. Ann Page Chili Sauce 10c. Ann Page Baking Powder 10c. Ann Page Beans 4 25c. Ann Page Sandwich Spread 2 21c.

TO SAVE MORE MONEY

Buy all your food needs at A&P Super Markets and Save—not on a few "Specials" or so-called "Bargains" but on your entire food bill—every day! You'll find some foods here you won't find anywhere else. These are the extra fine foods we both make and sell, guarding their quality from source to sale!

A&P SUPER MARKETS. AMERICA'S LEADING FOOD DEPARTMENT STORES—WHERE SMART WOMEN SHOP AND SAVE. SAVE UP TO 25% OFF THE PRICE OF FINE FOODS.

NO "PIGS IN A POKE!"

- Super-Right Genuine Spring Leg o' Lamb Lb. 27c. Super-Right Chuck Roast Lb. 25c. Super-Right Genuine Spring Lamb Chops LOIN Lb. 39c. Sunnifield Fancy Sliced Bacon 1-lb. Pkg. 33c. Super-Right Boneless Round Steak Lb. 37c. Fancy Sausage Thuringer . . . Lb. 33c. Fancy Sausage Cooked Salami . . . . . Lb. 33c. Sunnifield Small Skinned Hams Half or Whole Lb. 33c.

- Fresh Standard Sealed Pints Oysters . . . . . Plat 33c. Fillet of Haddock . . . . . Lb. 23c. Fillet of Flounder . . . . . Lb. 23c. Fillet of Red Fish . . . . . Lb. 23c.

- Butter 1-lb. Pkg. 40c. Sunnybrook Selected Fresh Eggs 1-dozen 43c. Fresh Eggs, Crestview 1-dozen 39c. Fresh Milk 1-gal. 21c. Cheese 2 61c.

- Ann Page Prepared Spaghetti 3 15c. Ann Page Macaroni 2 9c. Ann Page Chili Sauce 10c. Ann Page Baking Powder 10c. Ann Page Beans 4 25c. Ann Page Sandwich Spread 2 21c.

America's Choice. The magnificent flavor of Eight O'Clock Coffee. 2 1-lb. Bags 39c. 3 Lb. Bag 57c. Red Circle 2 1-lb. Bags 45c. Every Pound is Custom Ground.

- Flour. Plain or Self Raising 24 89c. Sunnifield 12 52c. Pillsbury 12 63c. Rice 2 21c. Pancakes 5c. Nix's 10c. Juice 3 25c.

A Farm At Your Elbow. When you step into our Super Market you really have a farm and orchard at your elbow. See the clear, fragrant crops of fruits and vegetables in its produce department—the choice of growing, raising and shipping. Use our A&P method and you can get the best of both worlds.

- Spring Onions 2 Bunches 9c. Sprouts 1-Quart Container 19c. Avocados 2 For 15c. Carrots . . . 2 Bunches 13c. Cauliflower . . . Head 19c. Grapefruit 6 For 20c. Lettuce . . . 2 Heads 15c. Rhubarb . . . . . Lb. 17c.

ORANGES. 2 Doz. 29c. 8 Lb. 25c. 20 Lb. 59c. GOOD SOURCE, EXCELLENT SOURCE.

- Cleanser or Soap Flakes. Brillo 2 17c. Brooms 29c. Borax 15c. Dux 22c. Oxydol 22c. Cocoa 2 15c. Flour 15c. Oats 3 15c. Grits 5 15c. Wool 5c. Tomato Soup 2 15c. Peaches 3 No. 25 50c. Milk 3 23c. Rice Fluffs 5c. Bran 2 23c. Reliable Shoe Peg 10c. Corn 10c. Applesauce 2 15c. Sections 10c. Honey 15c. Pickles 2 15c. Prunes 2 No. 2 27c. Toasties 6c. 5c.

Superb Quality. A&P's Super Quality dexo. 3 Lb. Can 59c.

- Song Of Savings. Soap Flakes 2 Lb. Pkg. 25c. White Sail Soap Grains 2 Lb. Pkg. 29c. White Sail Cleanser 3 10c. White Sail Liquid Wax 3 15c. White Sail Ammonia 3 9c.